



**10<sup>th</sup> ASIAN INDOOR**  
**ATHLETICS CHAMPIONSHIPS**  
*Astana | 2023*

# **10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS**

**10 - 12.02.2023**  
**Astana**



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

Astana

Women

Pentathlon

60m H

AR - 7.82

CR – 8.02

Heat 1 Time: 10:00

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	95	Fatemeh MOHITIZADEH	29.07.03	IRI	8.68	978
2	2	79	Ekaterina VORONINA	16.02.92	UZB	8.76	961
3	3	69	Ekaterina AVDEENKO	20.12.04	KAZ	9.27	854
4	4	248	Sarah DEQUINAN	07.10.96	PHI	9.52	804

Heat 2 Time: 10:07

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	137	Swapna BARMAN	29.10.96	IND	8.64	987
2	2	188	Yuki YAMASAKI	06.06.95	JPN	8.67	980
3	3	68	Alina CHISTYAKOVA	30.04.05	KAZ	8.88	935
4	4	136	Sowmiya MURUGAN	25.03.96	IND	8.88	935
5	5	67	Nadezhda BOGDANOVA	24.04.94	KAZ	9.03	904



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023  
Astana

Men

Qualification

Long Jump  
Time: 10:10

AR - 8.27  
CR - 8.24

Rank	BIB	Name	DoB	MF	Best Result	Result		
						1	2	3
1	150	Jeswin ALDRIN	24.12.01	IND	7.93q	7.36	7.69	7.93
2	113	Lin YU-TANG	11.05.00	TPE	7.80q	7.79	7.80	7.76
3	173	Natsuki YAMAKAWA	24.07.95	JPN	7.70q	7.70	7.51	X
4	280	Zhang MINGKUN	20.10.00	CHN	7.66q	7.59	7.64	7.66
5	112	Wen HUA-YU	09.03.01	TPE	7.66q	X	7.66	7.54
6	72	Anvar ANVAROV	22.10.00	UZB	7.65q	7.65	7.62	7.65
7	119	Ho Long KO	09.05.98	HKG	7.65q	7.65	7.56	X
8	120	Mint Tai CHAN	30.01.95	HKG	7.64q	7.59	X	7.64
9	149	Muhammed ANEES YAHIYA	03.12.95	IND	7.48	7.45	6.56	7.48
10	247	Janry UBAS	02.01.94	PHI	7.42	7.35	7.17	7.42
11	98	Bagrat GASANBEKOV	21.01.03	TKM	7.36	7.36	7.31	7.26
12	216	Timur ISAKOV	13.01.00	KGZ	7.23	7.04	7.20	7.23
13	33	Sergey STEPANKOVSKIY	17.10.01	KAZ	7.17	7.17	7.09	X
14	103	Ildar AHMADIEV	01.03.00	TJK	7.13	X	6.27	7.13
15	252	Hamoud Ali OLWANI	28.07.92	KSA	7.04	6.97	7.04	6.88
16	211	Abdullah ALMERSHED	23.06.97	KUW	6.88	5.07	6.71	6.88
17	34	Zelimkhan NASSYROV	16.03.03	KAZ	5.17	X	X	5.17
	263	Mohammad AMIN ALSALAMI	25.07.94	SYR	DNS			



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023  
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Men

Round 1  
400m

AR - 45.39  
CR – 45.88

Heat 1 Time: 10:15

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	271	Gu XIAOFEI	21.09.01	CHN	49.09Q
2	4	4	Elnor MUKHITDINOV	21.04.93	KAZ	49.09Q
3	3	222	Mohamad MERHE MORTADA	31.05.98	LBN	49.59Q
4	6	228	Uzair REHMAN	07.12.95	PAK	49.79q

Heat 2 Time: 10:23

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	240	Ammar Ismail IBRAHIM	18.09.96	QAT	47.61Q
2	6	155	Yasir ALI MOHAMMED AL-SAAD	02.03.98	IRQ	47.72Q
3	4	6	Vyacheslav ZEMS	02.05.98	KAZ	49.39Q
4	2	105	Leonid PRONZHENKO	05.01.00	TJK	52.73q
	3	212	Shakhzatbek SADYKZHAN UULU	18.09.97	KGZ	DQ17.4.3

Heat 3 Time: 10:31

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	5	Mikhail LITVIN	05.01.96	KAZ	47.15Q
2	6	272	Fan TIANRUI	09.07.02	CHN	48.13Q
3	2	201	Mohammd ALATIAH	03.03.03	KU W	49.84Q
4	3	104	Aleksandr PRONZHENKO	25.11.92	TJK	53.17q
	4	243	Eric Shaun CRAY	06.06.98	PHI	DNF



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

Astana

Women

Pentathlon

High Jump

Time: 10:40

AR - 1.98  
CR - 1.96

Rank	BIB	Name	DoB	MF	Best Result	Points	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1,75	1.78	1.81	1.84
1	79	Ekaterina VORONINA	16.02.92	UZB	1.81	991					o	o	xo	o	xo	o	xxx
2	137	Swapna BARMAN	29.10.96	IND	1.75	916					o	o	o	o	xxx		
3	68	Alina CHISTYAKOVA	30.04.05	KAZ	1.72	879	o	o	xo	o	o	o	o	xxx			
4	69	Ekaterina AVDEENKO	20.12.04	KAZ	1.72	879	o	o	o	o	o	o	xo	xxx			
5	95	Fatemeh MOHITIZADEH	29.07.03	IRI	1.66	806			o	xo	o	xxx					
5	248	Sarah DEQUINAN	07.10.96	PHI	1.66	806	o	o	o	xo	o	xxx					
6	67	Nadezhda BOGDANOVA	24.04.94	KAZ	1.63	771	o	o	o	xxo	xxx						
7	188	Yuki YAMASAKI	06.06.95	JPN	1.63	771	o	o	xo	xxo	xxx						
8	136	Sowmiya MURUGAN	25.03.96	IND	1.60	736	xxo	xo	xo	xxx							



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

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Women

Round 1

400m

AR - 51.45

CR - 51.67

Heat 1 Time: 10:55

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	41	Elina MIKHINA	16.07.94	KAZ	54.94Q
2	6	152	Sri Maya SARI	24.04.94	INA	55.01Q
3	5	40	Aleksandra ZALYUBOVSKAYA	27.09.02	KAZ	55.38q
4	3	75	Laylo ALLABERGANOVA	05.02.96	UZB	55.52q

Heat 2 Time: 11:03

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	297	Thi huyen NGUYEN	01.01.93	VIE	55.86Q
2	6	74	Farida SOLIYEVA	08.06.01	UZB	55.88Q
3	3	39	Adelina ZEMS	25.12.98	KAZ	55.89
4	4	284	Liu YINGLAN	21.10.05	CHN	55.98



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

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Men

Round 1  
800m

AR - 1:45.26  
CR - 1:46.92

Heat 1 Time: 11.30

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	202	Ebrahim ALZOFAIRI	08.05.89	KUW	1:51.18Q
2	5	235	Abdirahman Saeed HASSAN	13.04.97	QAT	1:51.21Q
3	6	162	Kentaro USUDA	22.03.99	JPN	1:51.35q
4	3	249	Sami Masoud ALYAMI	04.05.99	KSA	1:51.40q
5	2	7	Sergey SUKHOV	29.06.00	KAZ	1:54.08
6	1	214	Maisalbek MUKUMBEK UULU	22.06.98	KGZ	1:59.73

Heat 2 Time: 11.37

Rank	Lane	BIB	Name	DoB	MF	Results
1	7	234	Musaab ABDELRAHMAN BALA	19.03.89	QAT	1:52.76Q
2	5	163	Mikuto KANEKO	06.11.01	JPN	1:52.88Q
3	1	273	Li JUN-LIN	06.08.98	CHN	1:52.97
4	6	8	Abdulyaziz ABDUKAYUMOV	02.09.97	KAZ	1:53.67
5	4	9	Duman GABDYGALIYEV	12.06.97	KAZ	1:56.05
6	3	213	Sulaiman ZHUSUP UULU	14.11.99	KGZ	1:57.17
7	2	106	Muhammadrizo MIRZOZODA	11.09.04	TJK	2:03.26



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

Astana

Women

Pentathlon

Shot Put

Time: 12:30

AR - 21.10

CR - 18.37

Rank	BIB	Name	DoB	MF	Best Result	Points	Result		
							1	2	3
1	79	Ekaterina VORONINA	16.02.92	UZB	13.47	759	13.47	X	13.25
2	188	Yuki YAMASAKI	06.06.95	JPN	12.56	698	12.56	12.30	11.51
3	67	Nadezhda BOGDANOVA	24.04.94	KAZ	12.44	690	11.87	12.44	11.72
4	136	Sowmiya MURUGAN	25.03.96	IND	12.25	678	12.05	11.71	12.25
5	137	Swapna BARMAN	29.10.96	IND	12.13	670	X	10.93	12.13
6	69	Ekaterina AVDEENKO	20.12.04	KAZ	11.76	645	11.69	11.66	11.76
7	95	Fatemeh MOHITIZADEH	29.07.03	IRI	11.53	630	10.96	11.53	X
8	248	Sarah DEQUINAN	07.10.96	PHI	10.65	572	10.65	10.50	10.49
9	68	Alina CHISTYAKOVA	30.04.05	KAZ	9.97	527	9.97	X	9.70





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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

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Astana

Women

Round 1  
60m

AR - 7.09  
CR - 7.20

Heat 1 Time: 18:40

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	92	Farzaneh FASIHI	03.01.93	IRI	7.23Q
2	7	37	Olga SAFRONOVA	05.11.91	KAZ	7.33Q
3	5	151	Valentin VANESA LONTENG	14.02.05	INA	7.36q
4	2	197	Mudhawi ALSHAMMARI	24.04.98	KUW	7.42q
5	8	302	Im Lan LOI	06.02.98	MAC	7.45
6	6	100	Alsu HABIBULINA	21.01.03	TKM	8.05
7	3	254	Lujain ibrahim ALHUMAID	29.11.99	KSA	8.15

Heat 2 Time: 18:47

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	93	Hamideh ESMAEIL NEZHAD	23.07.97	IRI	7.41Q
2	8	176	Arisa KIMISHIMA	23.12.95	JPN	7.42Q
3	3	127	Jyothi YARRAJI	28.08.99	IND	7.47
4	5	282	Huang ZITING	20.06.03	CHN	7.56
5	7	38	Rima KASHAFUTDINOVA	24.07.95	KAZ	7.58
6	2	224	Ahnaa NIZAAR	25.06.07	MDV	7.89
7	6	109	Shirin AKTER	12.10.94	BAN	7.93

Heat 3 Time: 18:54

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	126	Archana SUSEENTRAN	09.06.94	IND	7.42Q
2	7	99	Valentina MEREDOVA	29.09.84	TKM	7.53Q
3	8	283	Liu GUOYI	19.04.04	CHN	7.54
4	6	220	Aziza SBAITY	17.11.91	LBN	7.58
5	2	223	Mariyam RU YA ALI	16.06.05	MDV	7.66
6	5	36	Arina MISHEEVA	02.01.02	KAZ	7.77
7	3	158	Ruqaya jameel SAAD AL-SAEED	01.01.80	IRQ	7.95



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

Astana

Women

Pentathlon

Long Jump

Time: 18:45



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

AR - 6.82

CR - 6.40

Rank	BIB	Name	DoB	MF	Best Result	Points	Result		
							1	2	3
1	68	Alina CHISTYAKOVA	30.04.05	KAZ	6.04	862	6.04	6.03	X
2	137	Swapna BARMAN	29.10.96	IND	5.91	822	5.90	5.91	5.90
3	79	Ekaterina VORONINA	16.02.92	UZB	5.88	813	5.70	5.81	5.88
4	69	Ekaterina AVDEENKO	20.12.04	KAZ	5.80	789	5.80	5.80	X
5	188	Yuki YAMASAKI	06.06.95	JPN	5.78	783	5.78	X	5.77
6	248	Sarah DEQUINAN	07.10.96	PHI	5.66	747	5.53	5.66	5.60
7	95	Fatemeh MOHITIZADEH	29.07.03	IRI	5.62	735	5.49	5.62	5.50
8	136	Sowmiya MURUGAN	25.03.96	IND	5.51	703	5.15	5.51	5.39
9	67	Nadezhda BOGDANOVA	24.04.94	KAZ	5.35	657	X	5.14	5.35



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023  
Astana

Women

Final

3000m  
Time: 19:15

AR - 8:39.64  
CR – 8:43.16

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	46	Caroline CHEPKOECH KIPKIRUI	26.05.94	KAZ	9:01.98
2	5	287	He WUGA	28.07.98	CHN	9:03.43
3	3	180	Yuma YAMAMOTO	01.05.00	JPN	9:09.29
4	7	181	Ririka HIRONAKA	24.11.00	JPN	9:10.77
5	1	217	Ainuska KALIL KYZY	09.12.03	KGZ	9:18.41
5	8	298	Thi Oanh NGUYEN	01.01.95	VIE	9:18.41
7	6	48	Norah JERUTO	02.10.95	KAZ	9:29.27
8	2	47	Tatyana NEROZNAK	18.02.92	KAZ	9:36.04



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

Astana

Men

Final

Shot Put

Time: 19:30

AR - 21.10  
CR - 19.78

Rank	BIB	Name	DoB	MF	Best Result	Result			Final		
						1	2	3	4	5	6
1	146	Tajinderpal SINGH TOOR	13.11.94	IND	19.49	X	19.45	19.49	19.42	19.49	X
2	145	Karanveer SINGH	24.07.97	IND	19.37	17.61	19.37	19.20	19.33	18.57	X
3	277	Chen XIAODONG	29.09.97	CHN	18.85	17.73	18.85	18.82	18.52	X	18.62
4	27	Ivan IVANOV	03.01.92	KAZ	18.10	X	18.10	17.78	X	17.83	X
5	209	Ebrahim ALFADHLI	19.01.96	KUW	17.17	16.11	17.17	X	X	X	X
6	29	Daniil PLOTNIKOV	14.02.01	KAZ	14.53	14.28	14.12	X	14.48	14.51	14.53
7	28	Artur GAFNER	13.07.98	KAZ	14.44	X	14.06	13.85	X	X	14.44



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023  
Astana

Men

Semi-Finals  
400m

AR - 45.39  
CR - 45.88

### Heat 1 19:50

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	5	Mikhail LITVIN	05.01.96	KAZ	46.97Q
2	6	155	Yasir ALI MOHAMMED AL-SAAD	02.03.98	IRQ	47.18Q
3	4	272	Fan TIANRUI	09.07.02	CHN	47.69QL
4	3	222	Mohamad MERHE MORTADA	31.05.98	LBN	48.95
5	2	201	Mohammd ALATIAH	03.03.03	KUW	49.37
6	1	104	Aleksandr PRONZHENKO	25.11.92	TJK	52.96

### Heat 2 19:57

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	240	Ammar Ismail IBRAHIM	18.09.96	QAT	46.70Q
2	3	6	Vyacheslav ZEMS	02.05.98	KAZ	47.32Q
3	4	271	Gu XIAOFEI	21.09.01	CHN	48.32Q
4	6	4	Elnor MUKHITDINOV	21.04.93	KAZ	48.39
5	2	228	Uzair REHMAN	07.12.95	PAK	49.22
6	1	105	Leonid PRONZHENKO	05.01.00	TJK	52.84



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Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023  
Astana

Men

Final

Triple Jump  
Time: 20:05

AR - 17.41  
CR - 17.01

Rank	BIB	Name	DoB	MF	Best Result	Result			Final		
						1	2	3	4	5	6
1	279	Fang YAOQING	20.04.96	CHN	17.20 CR	X	17.20	16.83	-	-	-
2	148	Praveen CHITHRAVEL	05.06.01	IND	16.98	16.04	16.98	16.94	16.97	16.82	16.70
3	193	Yu GYUMIN	22.04.01	KOR	16.73	16.23	16.73	X	X	16.37	X
4	278	Su WEN	10.02.99	CHN	16.68	16.35	X	16.47	16.66	16.65	16.68
5	192	Kim JANGWOO	20.08.99	KOR	16.39	16.25	16.20	16.39	16.39	16.36	X
6	111	Li YUN-CHEN	02.10.01	TPE	16.28	16.28	15.99	15.55	15.89	X	16.23
7	71	Ivan DENISOV	22.10.96	UZB	16.10	16.09	16.10	X	X	X	X
8	91	Hamidreza KIA	04.02.01	IRI	15.92	15.69	X	15.92	15.75	X	15.91
9	172	Riku ITO	16.01.01	JPN	15.91	15.91	15.57	15.71			
10	246	Mark Harry DIONES	03.01.93	PHI	15.77	15.54	15.73	15.77			
11	30	Yevgeniy KISSILEV	27.01.99	KAZ	15.73	15.73	15.72	X			
12	147	Arun A B	02.11.98	IND	14.12	X	X	14.12			
	210	Khaled ALSUBAIE	01.03.96	KUW	NM	X	X	-			
	32	Petr MEDVEDEV	15.07.02	KAZ	NM	X	X	X			
	31	Roman PAK	25.03.02	KAZ	NM	X	X	X			



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## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023  
Astana

Women

Pentathlon

800 m  
Time: 20:05

AR - 2:00.78  
CR – 2:03.43

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	79	Ekaterina VORONINA	16.02.92	UZB	2:17.22	862
2	2	188	Yuki YAMASAKI	06.06.95	JPN	2:18.32	846
3	3	69	Ekaterina AVDEENKO	20.12.04	KAZ	2:19.38	832
4	4	67	Nadezhda BOGDANOVA	24.04.94	KAZ	2:20.50	817
5	5	68	Alina CHISTYAKOVA	30.04.05	KAZ	2:20.66	815
6	6	137	Swapna BARMAN	29.10.96	IND	2:27.57	724
7	7	95	Fatemeh MOHITIZADEH	29.07.03	IRI	2:30.53	686
8	8	136	Sowmiya MURUGAN	25.03.96	IND	2:37.47	602
9	9	248	Sarah DEQUINAN	07.10.96	PHI	2:37.55	601



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02 - 12.02, 3 days  
Astana

Women

Summary

Pentathlon

AR – 4582  
CR - 4582

Pos	Athlete	Country	Results	60m H	High Jump	Shot Put	Long Jump	800 m
1	Ekaterina VORONINA	UZB	<b>4386</b>	961 8.76 961	991 1.81 1952	759 13.47 2711	813 5.88 3524	862 2:17.22 4386
2	Swapna BARMAN	IND	<b>4119</b>	987 8.64 987	916 1.75 1903	670 12.13 2573	822 5.91 3395	724 2:27.57 4119
3	Yuki YAMASAKI	JPN	<b>4078</b>	980 8.67 980	771 1.63 1751	698 12.56 2449	783 5.78 3232	846 2:18.32 4078
4	Alina CHISTYAKOVA	KAZ	<b>4018</b>	935 8.88 935	879 1.72 1814	527 9.97 2341	862 6.04 3203	815 2:20.66 4018
5	Ekaterina AVDEENKO	KAZ	<b>3999</b>	854 9.27 854	879 1.72 1733	645 11.76 2378	789 5.80 3167	832 2:19.38 3999
6	Nadezhda BOGDANOVA	KAZ	<b>3839</b>	904 9.03 904	771 1.63 1675	690 12.44 2365	657 5.35 3022	817 2:20.50 3839
7	Fatemeh MOHITIZADEH	IRI	<b>3835</b>	978 8.68 978	806 1.66 1784	630 11.53 2414	735 5.62 3149	686 2:30.53 3835
8	Sowmiya MURUGAN	IND	<b>3654</b>	935 8.88 935	736 1.60 1671	678 12.25 2349	703 5.51 3052	602 2:37.47 3654
9	Sarah DEQUINAN	PHI	<b>3530</b>	804 9.52 804	806 1.66 1610	572 10.65 2182	747 5.66 2929	601 2:37.55 3530





10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
*Astana 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

10.02.2023

Astana

Women

Final

60m

Time: 20:45

AR - 7.09  
CR - 7.20

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	92	Farzaneh FASIHI	03.01.93	IRI	7.28
2	3	37	Olga SAFRONOVA	05.11.91	KAZ	7.32
3	2	151	Valentin VANESA LONTENG	14.02.05	INA	7.37
4	4	126	Archana SUSEENTRAN	09.06.94	IND	7.39
5	7	176	Arisa KIMISHIMA	23.12.95	JPN	7.40
6	1	197	Mudhawi ALSHAMMARI	24.04.98	KUW	7.43
7	6	93	Hamideh ESMAEIL NEZHAD	23.07.97	IRI	7.48
8	8	99	Valentina MEREDOVA	29.09.84	TKM	7.54



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Heptathlon

60 m

AR - 7.41

CR - 7.60

Heat 1 10:00

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	247	Janry UBAS	02.01.94	PHI	7.10	847
2	2	261	Suttisak SINGKHON	05.10.96	THA	7.21	809
3	3	73	Zakhiriddin SHOKIROV	21.10.00	UZB	7.42	739
4	4	35	Sergey DEMENTYEV	18.06.01	KAZ	7.50	713

Heat 2 10:08

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	174	Keisuke OKUDA	23.10.96	JPN	6.90	918
2	2	175	Yuma MARUYAMA	03.06.98	JPN	7.09	851
3	3	194	Choe DONGHWI	15.12.98	KOR	7.32	772
4	4	253	Saeed Abdullah MOBARAK	15.01.01	KSA	7.38	752
5	5	105	Leonid PRONZHENKO	05.01.00	TJK	7.56	694



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ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Round 1

60m

AR - 6.42

CR - 6.51

### Heat 1 10:25

Rank	Lane	BIB	Name	DoB	MF	Results
1	6	232	Femi Seun OGUNODE	15.05.91	QAT	6.75Q
2	4	227	Shajar ABBAS	19.05.00	PAK	6.78Q
3	7	102	Favoris MUZRAPOV	15.11.98	TJK	6.81Q
4	2	270	Huang YI	26.08.05	CHN	6.86q
5	3	301	Ka In VONG	01.07.00	MAC	7.08
6	5	101	Sha Mahmood NOOR ZAH1	21.03.91	AFG	7.10

### Heat 2 10:32

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	108	Imranur RAHMAN	05.07.93	BAN	6.70Q
2	3	269	Shi YUHAO	26.09.98	CHN	6.71Q
3	6	115	Kam Ching SHAK	20.05.01	HKG	6.74Q
4	5	2	Vitaliy ZEMS	29.03.96	KAZ	6.90q
5	2	300	Cho Kei LAM	21.04.99	MAC	7.14
	7	103	Ildar AHMADIEV	01.03.00	TJK	DNS

### Heat 3 10:39

Rank	Lane	BIB	Name	DoB	MF	Results
1	3	161	Ryota SUZUKI	25.06.99	JPN	6.71Q
2	7	114	Hong Kit LEE	27.04.97	HKG	6.75Q
3	6	225	Ali Anwar Ali AL BALUSHI	09.02.02	OMA	6.77Q
4	8	200	Meshaal ALMUTAIRI	16.03.97	KUW	6.83q
5	5	139	Amlan BORGHAIN	25.04.98	IND	6.84q
6	4	96	Alisher SADULAYEV	18.04.97	TKM	6.93
7	2	1	Danil POPOV	05.11.05	KAZ	7.11

### Heat 4 10:46

Rank	Lane	BIB	Name	DoB	MF	Results
1	6	189	Kim KUKYOUNG	19.04.91	KOR	6.75Q
2	3	138	Elakkiya DASAN	31.01.95	IND	6.80Q
3	5	221	Noureddine HADID	28.01.93	LBN	6.94Q



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ATHLETICS CHAMPIONSHIPS  
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Rank	Lane	BIB	Name	DoB	MF	Results
4	8	97	Mirhaydar SAPAROV	16.01.02	TKM	7.02
5	4	299	Sorsy PHOMPHAKDI	10.07.01	LAO	7.12
	2	3	Andrey LAVRUSHENKO	01.11.01	KAZ	DQ16.8
	7	243	Eric Shaun CRAY	06.06.98	PHI	DNS



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ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Heptathlon

Long Jump

Time: 10:40

AR - 8.27

CR - 8.24

Rank	BIB	Name	DoB	MF	Best Result	Points	Result		
							1	2	3
1	247	Janry UBAS	02.01.94	PHI	7.66	975	X	7.55	7.66
2	175	Yuma MARUYAMA	03.06.98	JPN	7.19	859	7.19	7.15	X
3	174	Keisuke OKUDA	23.10.96	JPN	7.12	842	X	X	7.12
4	73	Zakhiriddin SHOKIROV	21.10.00	UZB	7.01	816	6.73	6.78	7.01
5	194	Choe DONGHWI	15.12.98	KOR	6.91	792	6.48	6.88	6.91
6	261	Suttisak SINGKHON	05.10.96	THA	6.86	781	6.35	6.65	6.86
7	35	Sergey DEMENTYEV	18.06.01	KAZ	6.63	727	6.63	6.17	6.39
8	253	Saeed Abdullah MOBARAK	15.01.01	KSA	6.54	707	X	6.08	6.54
9	105	Leonid PRONZHENKO	05.01.00	TJK	5.84	552	5.60	5.72	5.84



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ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Women

Round 1

60mH

AR - 7.82  
CR - 8.02

Heat 1 Time: 11:00

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	127	Jyothi YARRAJI	28.08.99	IND	8.16Q
2	6	153	Dina AULIA	03.08.03	INA	8.31Q
3	7	50	Yuliya BASHMANOVA	04.03.95	KAZ	8.32Q
4	2	288	Chen JIAMIN	01.05.96	CHN	8.33q
5	5	182	Masumi AOKI	16.04.94	JPN	8.51q
6	8	76	Lidiya PODSEPKINA	30.11.03	UZB	8.55
7	1	49	Anel SHULAKOVA	21.08.99	KAZ	8.73
8	3	218	Angelina TIAPOVA	02.04.99	KGZ	9.02

Heat 2 Time: 11:08

Rank	Lane	BIB	Name	DoB	MF	Results
1	7	183	Chisato KIYOYAMA	24.07.91	JPN	8.21Q
2	5	121	Shing CHO YAN	12.05.01	HKG	8.34Q
3	6	289	Dai YIRU	15.01.01	CHN	8.38Q
4	2	128	Sapna KUMARI	13.08.99	IND	8.61
5	3	51	Anna DUBINA	11.09.00	KAZ	8.77
6	4	159	Kurdstan BAMO JAMAL JAMAL	20.10.02	IRQ	8.90
	8	77	Valentina KIBALNIKOVA	16.10.90	UZB	DNF



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ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Round 1

60mH

AR - 7.41  
CR - 7.60

Heat 1 Time: 11:20

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	117	Cheung WANG FUNG	21.01.97	HKG	7.83Q
2	6	256	Ang CHEN XIANG	03.07.94	SGP	7.94Q
3	5	140	Tejas SHIRSE	04.06.02	IND	7.94
4	8	244	John CABANG	27.08.01	PHI	7.96
5	7	15	Danila KORR	15.06.00	KAZ	8.12
	3	168	Shusei NOMOTO	25.10.95	JPN	DNS

Heat 2 Time: 11:28

Rank	Lane	BIB	Name	DoB	MF	Results
1	3	206	Yaqoub ALYOUHA	31.01.93	KUW	7.71Q
2	5	169	Shuhei ISHIKAWA	29.05.95	JPN	7.71Q
3	8	190	Kim GYEONGTAE	20.03.97	KOR	7.79q
4	4	17	Yevgeniy PROKUDIN	22.09.00	KAZ	7.97
5	6	238	Saeed Othman ALABSI	02.04.02	QAT	8.04
	7	157	Mohammed SAD NADHIM AL-KHFAJI	17.01.97	IRQ	DNF

Heat 3 Time: 11:36

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	16	David YEFREMOV	15.01.99	KAZ	7.66Q
2	3	110	Chen KUEI-RU	22.09.93	TPE	7.74Q
3	6	116	Wong Lok HEI ADDIS	09.06.01	HKG	7.90q
4	5	70	Ergash NORMURODOV	17.09.95	UZB	8.12
	7	89	Masoud KAMRAN	16.10.99	IRI	DQ
	8	259	Natthaphon DANSUNGNOEN	16.09.97	THA	DQ



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ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Heptathlon

Shot Put

Time: 11:50

AR - 21.10  
CR - 19.78

Rank	BIB	Name	DoB	MF	Best Result	Points	Result		
							1	2	3
1	174	Keisuke OKUDA	23.10.96	JPN	14.08	733	13.32	13.29	14.08
2	175	Yuma MARUYAMA	03.06.98	JPN	13.54	700	13.17	13.04	13.54
3	261	Suttisak SINGKHON	05.10.96	THA	12.88	660	12.45	12.88	X
4	73	Zakhiriddin SHOKIROV	21.10.00	UZB	12.56	640	12.56	12.42	11.72
5	194	Choe DONGHWI	15.12.98	KOR	12.44	633	X	12.44	12.21
6	35	Sergey DEMENTYEV	18.06.01	KAZ	11.64	585	11.35	11.64	X
7	247	Janry UBAS	02.01.94	PHI	11.32	565	10.31	11.32	X
8	253	Saeed Abdullah MOBARAK	15.01.01	KSA	10.75	531	10.35	10.75	10.14
9	105	Leonid PRONZHENKO	05.01.00	TJK	10.12	493	8.63	9.81	10.12





## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023  
Astana  
Men  
Qualification

High Jump  
Time: 11:50



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

AR - 2.41  
CR - 2.38

Rank	BIB	Name	DoB	MF	Best Result	1.90	2.00	2.05	2.10	2.14
1	142	Sarvesh ANIL KUSHARE	17.06.95	IND	2.14q			o	o	o
1	171	Yuto SEKO	16.03.98	JPN	2.14q					o
1	262	Majd EDDIN GHAZAL	21.04.87	SYR	2.14q				o	o
1	191	Woo SANGHYEOK	23.04.96	KOR	2.14q					o
1	230	Sharoz KHAN	10.03.97	PAK	2.14q		o	o	o	o
1	226	Fatak BAIT JABOOB	03.12.99	OMA	2.14q			o	o	o
7	170	Ryoichi AKAMATSU	02.05.95	JPN	2.14q					xo
7	245	Grospe LEONARD	02.07.01	PHI	2.14q		o	o	o	xo
9	275	Wang ZHEN	07.10.01	CHN	2.14q			xo	o	xxo
10	21	Igor KOSOLAPOV	31.05.03	KAZ	2.10		o	o	o	xxx
11	276	Wu GUO BIAO	07.08.02	CHN	2.10		o	o	xo	xxx
12	118	Michael John KENNELLY	23.03.01	HKG	2.05	o	o	o	xxx	
13	255	Hussein Falah Hasan AL-IBRAHEEMI	28.06.95	IRQ	2.05			xo	xxx	
14	229	Muhammad IMRAN	09.10.02	PAK	2.05	o	o	xxo	xxx	



Rank	BIB	Name	DoB	MF	Best Result	1.90	2.00	2.05	2.10	2.14
15	22	Akylzhan TOKTAGALIN	24.11.01	KAZ	2.05	o	xo	xxo	xxx	
16	23	Aleksandr TIMOSHIN	30.08.99	KAZ	2.00		o	xxx		
17	141	Aromal THULASEEDHARAN PILLAI	13.09.98	IND	2.00		xo	xxx		
18	207	Hashem ALALI	07.06.02	KUW	2.00	xo	xo	xxx		

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ATHLETICS CHAMPIONSHIPS  
Abu Dhabi | 2023



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ATHLETICS CHAMPIONSHIPS  
*Astana 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Women

Final

Shot Put

Time: 18:25

AR - 21.10  
CR - 18.37

Rank	BIB	Name	DoB	MF	Best Result	Result			Final		
						1	2	3	4	5	6
1	195	Jeong YU SUN	19.12.97	KOR	16.98	15.20	15.26	X	16.98	X	15.89
2	196	Lee SOOJUNG	15.02.93	KOR	16.45	15.82	16.23	X	15.52	16.45	X
3	154	Eki Febri EKAWATI	18.02.92	INA	15.44	14.44	14.87	15.44	X	14.51	X
4	59	Nadezhda BARBANOVA	22.05.91	KAZ	15.09	13.97	14.12	X	14.89	15.09	13.87
5	132	Abha KHATUA	09.07.95	IND	14.80	11.94	X	14.38	14.80	X	X
6	61	Sabina POTAPOVA	10.03.96	KAZ	13.64	12.75	13.22	13.64	X	13.07	12.83
7	60	Karina VASSILEVA	19.01.04	KAZ	10.94	10.20	10.94	10.23	10.81	10.69	10.82



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ATHLETICS CHAMPIONSHIPS  
*Astana 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Heptathlon  
High Jump

Time: 18:30

AR - 2.41  
CR – 2.38

Rank	BIB	Name	DoB	MF	Best Result	Points	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	2.00	2.03
1	35	Sergey DEMENTYEV	18.06.01	KAZ	2.00	803				o	xo	o	o	xo	xo	xxx
2	247	Janry UBAS	02.01.94	PHI	2.00	803	o		o		xo	xxo	o	o	xo	xxx
3	175	Yuma MARUYAMA	03.06.98	JPN	1.97	776				o	o	xo	xo	o	xxx	
4	73	Zakhiriddin SHOKIROV	21.10.00	UZB	1.94	749			xo	o	o	xo	xxo	xxx		
5	261	Suttisak SINGKHON	05.10.96	THA	1.91	723		o	o	xo	o	xo	xxx			
6	194	Choe DONGHWI	15.12.98	KOR	1.88	696	o	o	xxo	o	xxo	xxx				
7	174	Keisuke OKUDA	23.10.96	JPN	1.82	644	o		o	xxx						
8	253	Saeed Abdullah MOBARAK	15.01.01	KSA	1.79	619	xo	o	xxx							
9	105	Leonid PRONZHENKO	05.01.00	TJK	NM	0	xxx									



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ATHLETICS CHAMPIONSHIPS  
Astana 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Women

Final

Pole Vault

Time: 18:35

AR - 4.70

CR - 4.70

Rank	BIB	Name	DoB	MF	Best Result	3.40	3.60	3.70	3.80	3.90	4.00	4.05	4.10
1	184	Mayu NASU	06.05.96	JPN	4.00				O	O	O	---	XXX
2	130	Pavithra VENGATESH	08.12.01	IND	4.00				XO	O	O	---	XXX
3	131	Rosy MEENA PAULRAJ	28.10.97	IND	3.90		O	O	O	XXO	XXX		
4	58	Polina IVANOVA	03.12.03	KAZ	3.80		O	O	O	XXX			
5	56	Anastassiya ERMAKOVA	25.06.00	KAZ	3.80				XO	---	XXX		
6	82	Jasmina MANSUROVA	18.01.05	UZB	3.60	O	O	XXX					



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ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023  
Astana

Men

Semi-Finals  
60m

AR - 6.42  
CR - 6.51

Heat 1 18:40

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	108	Imranur RAHMAN	05.07.93	BAN	6.61Q
2	5	232	Femi Seun OGUNODE	15.05.91	QAT	6.61Q
3	3	269	Shi YUHAO	26.09.98	CHN	6.69Q
4	7	115	Kam Ching SHAK	20.05.01	HKG	6.70Q
5	6	138	Elakkiya DASAN	31.01.95	IND	6.77
6	1	2	Vitaliy ZEMS	29.03.96	KAZ	6.90
7	8	221	Noureddine HADID	28.01.93	LBN	6.98
	2	200	Meshaal ALMUTAIRI	16.03.97	KUW	DNS

Heat 2 18:47

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	161	Ryota SUZUKI	25.06.99	JPN	6.68Q
2	7	225	Ali Anwar Ali AL BALUSHI	09.02.02	OMA	6.70Q
3	3	114	Hong Kit LEE	27.04.97	HKG	6.72Q
4	6	227	Shajar ABBAS	19.05.00	PAK	6.75Q
5	1	270	Huang YI	26.08.05	CHN	6.79
6	2	139	Amlan BORGOHAIN	25.04.98	IND	6.85
7	8	102	Favoris MUZRAPOV	15.11.98	TJK	6.85
	5	189	Kim KUKYOUNG	19.04.91	KOR	DQ



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ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Women

Final

Triple Jump

Time: 19:15

AR - 15.14

CR - 14.32

Rank	BIB	Name	DoB	MF	Best Result	Result			Final		
						1	2	3	4	5	6
1	83	Sharifa DAVRONOVA	27.09.06	UZB	13.98	13.98	13.72	X	13.40	-	-
2	185	Mariko MORIMOTO	17.03.95	JPN	13.66	13.42	X	X	X	13.66	13.46
3	291	Chen TING	28.08.97	CHN	13.52	13.11	13.28	12.51	13.30	13.52	13.48
4	133	Poorva HITESH SAWANT	23.01.03	IND	13.06	12.46	12.77	12.56	12.52	12.98	13.06
5	123	Shannon Vera CHAN	19.08.98	HKG	12.57	11.92	12.53	12.43	12.37	12.45	12.57
6	63	Valeriya SAFONOVA	16.04.04	KAZ	12.44	12.16	12.34	12.39	X	12.44	12.36
7	134	Sheena NELLICKAL VARKEY	22.11.92	IND	12.30	12.30	12.01	11.87	-	-	-
8	62	Olga OVSEKOVA	03.07.05	KAZ	11.94	X	11.94	11.38	X	X	11.88



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ATHLETICS CHAMPIONSHIPS  
*Astana | 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023  
Astana

Women

Final

1500m  
Time: 19:35

AR - 3:59.79  
CR - 4:15:42

Rank	Lane	BIB	Name	DoB	MF	Results
1	7	298	Thi oanh NGUYEN	01.01.95	VIE	4:15.55
2	6	178	Yume GOTO	25.02.00	JPN	4:19.29
3	8	44	Akbayan NURMAMET	01.06.04	KAZ	4:21.31
4	4	179	Ran URABE	16.06.95	JPN	4:21.54
5	3	45	Madina KERIMOVA	29.08.01	KAZ	4:24.09
6	2	217	Ainuska KALIL KYZY	09.12.03	KGZ	4:26.96
7	1	198	Amal ALROUMI	22.08.92	KUW	4:29.62
	5	46	Caroline CHEPKOECH KIPKIRUI	26.05.94	KAZ	DNS





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ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Men

Final

1500m

Time: 19:50

AR - 3:36.28

CR - 3:36.35

Rank	Lane	BIB	Name	DoB	MF	Results
1	9	164	Kazuto IIZAWA	02.02.01	JPN	3:42.83
2	10	236	Mohamad ALGARNI	02.07.92	QAT	3:43.39
3	1	237	Musaab Adam ALI	17.04.95	QAT	3:43.42
4	12	165	Nanami ARAI	26.12.94	JPN	3:44.79
5	2	10	Maxsim FROLOVSKIY	04.07.02	KAZ	3:50.11
6	7	11	Rakhimzhan KELMANOV	20.04.98	KAZ	3:50.63
7	6	215	Musulman DZHOLOMANOV	21.06.97	KGZ	3:51.78
8	5	156	Mohammed ABDULLAH MAHAL MAHAL	27.02.91	IRQ	3:54.79
9	3	295	Duc Phuoc LUONG	01.01.02	VIE	3:55.21
10	4	12	Vadim LEVCHENKOV	30.03.99	KAZ	3:59.90
11	8	250	Fayez Abdullah ALSUBAIE	21.12.01	KSA	DQ17.4.3
	11	88	Jalil NASERI	06.02.95	IRI	DNF



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ATHLETICS CHAMPIONSHIPS  
*Astana | 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023  
Astana

Men

Final

400m  
Time: 20:15

AR - 45.39  
CR - 45.88

Rank	Lane	BIB	Name	DoB	MF	Results
1	6	240	Ammar Ismail IBRAHIM	18.09.96	QAT	46.25
2	5	5	Mikhail LITVIN	05.01.96	KAZ	46.39
3	2	272	Fan TIANRUI	09.07.02	CHN	47.30
4	4	155	Yasir ALI MOHAMMED AL-SAADI	02.03.98	IRQ	47.77
5	1	271	Gu XIAOFEI	21.09.01	CHN	48.60
6	3	6	Vyacheslav ZEMS	02.05.98	KAZ	48.85



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023

Astana

Women

Final

400m

Time: 20:30



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

AR - 51.45  
CR - 51.67

Rank	Lane	BIB	Name	DoB	MF	Results
1	5	41	Elina MIKHINA	16.07.94	KAZ	54.07
2	6	297	Thi huyen NGUYEN	01.01.93	VIE	54.67
3	4	152	Sri maya SARI	24.04.94	INA	54.88
4	2	40	Aleksandra ZALYUBOVSKAYA	27.09.02	KAZ	55.43
5	3	74	Farida SOLIYEVA	08.06.01	UZB	55.68
6	1	75	Laylo ALLABERGANOVA	05.02.96	UZB	56.08



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
*Astana | 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

11.02.2023  
Astana

Men

Final

60m  
Time: 20:50

AR - 6.42  
CR - 6.51

Rank	Lane	BIB	Name	DoB	MF	Results
1	3	108	Imranur RAHMAN	05.07.93	BAN	6.59
2	2	115	Kam Ching SHAK	20.05.01	HKG	6.65
3	5	161	Ryota SUZUKI	25.06.99	JPN	6.66
4	4	232	Femi Seun OGUNODE	15.05.91	QAT	6.67
5	6	225	Ali Anwar Ali AL BALUSHI	09.02.02	OMA	6.69
6	7	269	Shi YUHAO	26.09.98	CHN	6.70
7	1	227	Shajar ABBAS	19.05.00	PAK	6.71
8	8	114	Hong Kit LEE	27.04.97	HKG	6.77



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Heptathlon

60 H m

AR - 7.41

CR - 7.60

Heat 1 Time: 10:00

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	2	247	Janry UBAS	02.01.94	PHI	8.60	836
2	1	261	Suttisak SINGKHON	05.10.96	THA	8.60	836
3	3	35	Sergey DEMENTYEV	18.06.01	KAZ	8.83	784
4	4	73	Zakhiriddin SHOKIROV	21.10.00	UZB	8.95	757

Heat 2 Time: 10:08

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	175	Yuma MARUYAMA	03.06.98	JPN	7.96	992
2	2	194	Choe DONGHWI	15.12.98	KOR	8.29	910
3	3	174	Keisuke OKUDA	23.10.96	JPN	8.39	886
4	4	253	Saeed abdullah MOBARAK	15.01.01	KSA	8.56	846
5	5	105	Leonid PRONZHENKO	05.01.00	TJK	8.95	757



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Final

Long Jump

Time: 10:15

AR - 8.27

CR - 8.24

Rank	BIB	Name	DoB	MF	Best Result	Result			Final		
						1	2	3	4	5	6
1	113	Lin YU-TANG	11.05.00	TPE	8.02	7.69	X	8.02	7.94	7.85	X
2	150	Jeswin ALDRIN	24.12.01	IND	7.97	X	7.97	X	X	X	7.82
3	280	Zhang MINGKUN	20.10.00	CHN	7.92	7.92	7.89	7.74	X	X	X
4	112	Wen HUA-YU	09.03.01	TPE	7.82	7.65	X	7.71	7.82	X	X
5	173	Natsuki YAMAKAWA	24.07.95	JPN	7.76	7.50	7.71	7.48	X	7.68	7.76
6	120	Mint Tai CHAN	30.01.95	HKG	7.76	7.42	X	7.50	7.71	X	7.76
7	72	Anvar ANVAROV	22.10.00	UZB	7.66	7.53	7.57	7.57	7.57	7.66	7.65
8	119	Ho Long KO	09.05.98	HKG	7.66	7.66	X	7.43	X	X	7.53



**10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS**  
**12.02.2023**  
**Astana**

**Women**

**Final**

**High Jump**  
**Time: 10:20**



**10<sup>th</sup> ASIAN INDOOR**  
**ATHLETICS CHAMPIONSHIPS**  
*Astana | 2023*

**AR - 1.98**  
**CR - 1.96**

Rank	BIB	Name	DoB	MF	Best Result	1.65	1.70	1.75	1.80	1.84	1.87	1.89	1.91
1	53	Nadezhda DUBOVITSKAYA	12.03.98	KAZ	1.89				o	o		o	xxx
2	55	Kristina OVCHINNIKOVA	21.03.01	KAZ	1.89			o	xo	o	xxo	o	xxx
3	54	Yelizaveta MATVEYEVA	09.12.01	KAZ	1.84		o	o	xo	xxo	xxx		
4	122	Wai Yan CHUNG	10.11.98	HKG	1.80	o	o	o	o	xxx			
5	81	Barnokhon SAYFULLAEVA	05.02.05	UZB	1.80	o	o	xo	xxo	xxx			
6	129	Abhinaya SHETTY	16.06.99	IND	1.75	o	o	o	xxx				
6	290	Shao YUQI	13.05.02	CHN	1.75	o	o	o	xxx				
8	160	Maryam A. ABDULELAH	20.04.00	IRQ	1.75	o	o	xo	xxx				



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Heptathlon

Time: 11:05

Pole Vault

AR - 5.92

CR - 5.75

Rank	BIB	Name	DoB	MF	Best Result	Points	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70	4.80
1	174	Keisuke OKUDA	23.10.96	JPN	4.70	819				O	---	O	O	XXO	O	XXX
1	247	Janry UBAS	02.01.94	PHI	4.70	819				O	---	O	---	XXO	O	XXX
3	175	Yuma MARUYAMA	03.06.98	JPN	4.70	819						O	O	XXO	XO	XXX
4	261	Suttisak SINGKHON	05.10.96	THA	4.20	673	O	O	O	O	XXX					
5	253	Saeed Abdullah MOBARAK	15.01.01	KSA	4.10	645	XO	---	XO	XXX						
6	35	Sergey DEMENTYEV	18.06.01	KAZ	3.90	590	O	XXX								
7	73	Zakhiriddin SHOKIROV	21.10.00	UZB	3.90	590	XXO	---	XXX							
	105	Leonid PRONZHENKO	05.01.00	TJK	NM	0	XXX									
	194	Choe DONGHWI	15.12.98	KOR	NM	0		XXr								





## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Final  
Pole Vault

Time: 16:50



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

AR - 5.92  
CR - 5.75

Rank	BIB	Name	DoB	MF	Best Result	4.60	4.80	5.00	5.15	5.25	5.30	5.35	5.40	5.45	5.50	5.55	5.60	5.61
1	251	Hussain Asim ALHIZAM	04.01.98	KSA	5.45					XXO	-	XXO	O	XXO	-	-	-	XXX
2	242	Seifeldin Mohamed ABDELSALAM	28.03.05	QAT	5.35		O	O	XO	XO	O	XO	XXX					
3	260	Patsapong AMSAMARNG	02.10.97	THA	5.35			O	-	XO	-	XXO	-	XXX				
4	26	Ivan TOVCHENIK	19.07.99	KAZ	5.25			O	O	O	XX-	X						
5	144	Siva SUBARAMANI	05.06.96	IND	5.15		XO	O	XO	XXX								
6	90	Arshia MOSSDDEGHI	17.05.05	IRI	5.00		O	O	XXX									
7	24	Danil POLYANSKIY	17.12.91	KAZ	4.80	O	O	XXX										
8	231	Jaffar ASHRAF	05.03.98	PAK	4.80		XO	XXX										
9	25	Vladislav GARBUZNYAK	22.08.03	KAZ	4.80	XO	XO	XXX										
10	258	Low JUN YU	21.04.01	SGP	4.60	XO	XXX											
	143	Parshant SINGH KANHIYA	14.02.00	IND	NM		XXX											
	257	Koh WEI SHIEN	04.05.95	SGP	NM	XXX												
	208	Ali ALSABAGHAH	28.06.87	KUW	NM	XXX												



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

4x400mR

Time: 17:00

AR - 3:05.90

CR - 3:08.20

Rank	Name	MF	Results
1	Andrey SOKOLOV Elnor MUKHITDINOV Vyacheslav ZEMS Mikhail LITVIN	KAZ	3:09.15
2	Ibrahim Issaka HISSEIN Ismail Doudai ABABKAR Femi Seun OGUNODE Ammar Ismail IBRAHIM	QAT	3:09.26
3	Leonid PRONZHENKO Mirsaid MIRZOZODA Muhammadrizo MIRZOZODA Aleksandr PRONZHENKO	TJK	3:34.45



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Women

Final

Long Jump

Time: 17:10

AR - 6.82  
CR - 6.40

Rank	BIB	Name	DoB	MF	Best Result	Result			Final		
						1	2	3	4	5	6
1	187	Sumire HATA	04.05.96	JPN	6.64 CR	6.51	X	6.54	6.62	6.46	6.64
2	293	Huang YINGYING	18.08.04	CHN	6.43	6.26	6.31	6.18	6.32	6.43	X
3	84	Darya REZNICHENKO	04.03.91	UZB	6.37	6.23	6.37	6.20	6.28	6.34	X
4	292	Gong LUYING	22.02.00	CHN	6.35	6.35	X	X	X	X	5.95
5	135	Shaili SINGH	07.01.04	IND	6.27	5.99	6.09	6.27	5.95	6.10	6.25
6	65	Anastassiya RYPAKOVA	21.09.04	KAZ	6.25	6.16	6.25	X	6.12	X	X
7	186	Ayaka KORA	22.03.01	JPN	6.14	6.09	6.09	6.14	5.97	X	6.05
8	125	Nga Yan YUE	17.03.98	HKG	6.04	6.02	5.91	5.87	X	X	6.04
9	94	Reihaneh MOBINI	20.11.00	IRI	5.79	5.79	X	5.61			
10	124	Chan KA SIN	25.04.97	HKG	5.69	X	5.69	4.88			
11	66	Anastassiya KONONOVICH	11.06.05	KAZ	5.49	X	5.37	5.49			
12	303	I Man SOU	15.06.97	MAC	5.30	5.30	X	5.15			
13	219	Svetlana MAIER	08.04.04	KGZ	5.20	4.78	X	5.20			
14	63	Valeriya SAFONOVA	16.04.04	KAZ	4.88	X	X	4.88			



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
*Astana 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Women

4x400mR

Time: 17:15

AR - 3:35.07

CR - 3:35.07

Rank	Name	MF	Results
1	Adelina ZEMS Aleksandra ZALYUBOVSKAYA Kristina KONDRASHOVA Elina MIKHINA	KAZ	3:44.21
2	Laylo ALLABERGANOVA Kamila MIRSALIYEVA Malika RADJABOVA Farida SOLIYEVA	UZB	3:46.45



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
Astana | 2023

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Final

High Jump

Time: 17:30

AR – 2.41  
CR – 2.38

Rank	BIB	Name	DoB	MF	Best Result	2.10	2.15	2.20	2.24	2.28	2.30
1	170	Ryoichi AKAMATSU	02.05.95	JPN	2.28		o	o	o	xo	xxx
2	191	Woo SANGHYEOK	23.04.96	KOR	2.24		o	o	o	x	xx
3	262	Majd EDDIN GHAZAL	21.04.87	SYR	2.24	o	o	o	xxo	xxx	
4	171	Yuto SEKO	16.03.98	JPN	2.24		xo	xxo	xxo	xxx	
5	226	Fatak BAIT JABOOB	03.12.99	OMA	2.20	o	o	xo	xxx		
6	142	Sarvesh ANIL KUSHARE	17.06.95	IND	2.20	o	o	xxo	xxx		
7	245	Grospe LEONARD	02.07.01	PHI	2.15	xo	xxo	xxx			
8	230	Sharoz KHAN	10.03.97	PAK	2.10	o	xxx				
	275	Wang ZHEN	07.10.01	CHN	NM	xxx					



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
*Astana | 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Heptathlon

1000 m

Time: 17:35

Rank	Lane	BIB	Name	DoB	MF	Results	Points
1	1	253	Saeed Abdullah MOBARAK	15.01.01	KSA	2:46.17	806
2	2	175	Yuma MARUYAMA	03.06.98	JPN	2:46.38	804
3	3	105	Leonid PRONZHENKO	05.01.00	TJK	2:55.79	706
4	4	73	Zakhiriddin SHOKIROV	21.10.00	UZB	2:58.74	677
5	5	174	Keisuke OKUDA	23.10.96	JPN	3:00.95	655
6	6	35	Sergey DEMENTYEV	18.06.01	KAZ	3:02.94	636
7	7	261	Suttisak SINGKHON	05.10.96	THA	3:03.35	632
8	8	247	Janry UBAS	02.01.94	PHI	3:22.49	461
	0	194	Choe DONGHWI	15.12.98	KOR	DNF	0



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
*Astana | 2023*

## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Heptathlon

Summary

AR - 6229

CR - 5928

Pos	Athlete	Country	Results	60m	Long Jump	Shot Put	High Jump	60m H	Pole Vault	1000 m
1	Yuma MARUYAMA	JPN	<b>5801</b>	851 7.09 851	859 7.19 1710	700 13.54 2410	776 1.97 3186	992 7.96 4178	819 4.70 4997	804 2:46.38 5801
2	Keisuke OKUDA	JPN	<b>5497</b>	918 6.90 918	842 7.12 1760	733 14.08 2493	644 1.82 3137	886 8.39 4023	819 4.70 4842	655 3:00.95 5497
3	Janry UBAS	PHI	<b>5306</b>	847 7.10 847	975 7.66 1822	565 11.32 2387	803 2.00 3190	836 8.60 4026	819 4.70 4844	461 3:22.49 5306
4	Suttisak SINGKHON	THA	<b>5114</b>	809 7.21 809	781 6.86 1590	660 12.88 2250	723 1.91 2973	836 8.60 3809	673 4.20 4482	632 3:03.35 5114



10<sup>th</sup> ASIAN INDOOR  
ATHLETICS CHAMPIONSHIPS  
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Pos	Athlete	Country	Results	60m	Long Jump	Shot Put	High Jump	60m H	Pole Vault	1000 m
5	Zakhiriddin SHOKIROV	UZB	<b>4968</b>	739 7.42 739	816 7.01 1555	640 12.56 2195	749 1.94 2944	757 8.95 3701	590 3.90 4291	677 2:58.74 4968
6	Saeed Abdullah MOBARAK	KSA	<b>4906</b>	752 7.38 752	707 6.54 1459	531 10.75 1990	619 1.79 2609	846 8.56 3455	645 4.10 4100	806 2:46.17 4906
7	Sergey DEMENTYEV	KAZ	<b>4838</b>	713 7.50 713	727 6.63 1440	585 11.64 2025	803 2.00 2828	784 8.83 3612	590 3.90 4202	636 3:02.94 4838
8	Choe DONGHWI	KOR	<b>3803</b>	772 7.32 772	792 6.91 1564	633 12.44 2197	696 1.88 2893	910 8.29 3803	0 0 3803	0 DNF 3803
9	Leonid PRONZHENKO	TJK	<b>3202</b>	694 7.56 694	552 5.84 1246	493 10.12 1739	0 0 1739	757 8.95 2496	0 0 2496	706 2:55.79 3202





## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Final

3000m

Time: 17:55

AR - 7:31.77  
CR - 7:39.23

Rank	Lane	BIB	Name	DoB	MF	Results
1	12	236	Mohamad ALGARNI	02.07.92	QAT	7:55.25
2	10	166	Keita SATO	22.01.04	JPN	7:56.41
3	2	14	Shadrack KIMUTAI KOECH	28.12.99	KAZ	7:59.84
4	5	167	Yuta BANDO	21.11.96	JPN	8:00.15
5	3	274	Wang FUDONG	20.03.00	CHN	8:20.66
6	1	296	Trung Cuong NGUYEN	01.01.00	VIE	8:20.81
7	6	13	Alexey GUSSAROV	18.02.95	KAZ	8:22.52
8	8	88	Jalil NASERI	06.02.95	IRI	8:22.72
9	14	250	Fayez Abdullah ALSUBAIE	21.12.01	KSA	8:23.66
10	7	215	Musulman DZHOLOMANOV	21.06.97	KGZ	8:26.95
11	9	10	Maxsim FROLOVSKIY	04.07.02	KAZ	8:29.85
12	4	205	Husain KAMAL	06.12.93	KUW	8:33.16
13	11	204	Abdulrahman ABDULRAHMAN	01.07.89	KUW	8:35.43
14	13	156	Mohammed ABDULLAH MAHAL MAHAL	27.02.91	IRQ	8:45.04
	15	237	Musaab Adam ALI	17.04.95	QAT	DNS



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Final

800m

Time: 18:25

AR - 1:45.26

CR - 1:46.92

Rank	Lane	BIB	Name	DoB	MF	Results
1	3	202	Ebrahim ALZOFAIRI	08.05.89	KUW	1:49.33
2	5	235	Abdirahman Saeed HASSAN	13.04.97	QAT	1:49.58
3	4	234	Musaab ABDELRAHMAN BALA	19.03.89	QAT	1:49.68
4	2	249	Sami Masoud ALYAMI	04.05.99	KSA	1:50.66
5	1	163	Mikuto KANEKO	06.11.01	JPN	1:51.04
6	6	162	Kentaro USUDA	22.03.99	JPN	1:52.06



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Women

Final

800m

Time: 18:50

AR - 2:00.78  
CR - 2:03.43

Rank	Lane	BIB	Name	DoB	MF	Results
1	6	285	Wu HONGJIAO	25.07.03	CHN	2:06.85
2	7	177	Ayano SHIOMI	26.11.99	JPN	2:07.18
3	5	286	Rao XINYU	21.02.02	CHN	2:08.75
4	1	44	Akbayan NURMAMET	01.06.04	KAZ	2:10.00
5	4	198	Amal ALROUMI	22.08.92	KUW	2:11.09
6	2	43	Viktoriya SENKINA	20.03.95	KAZ	2:15.49
7	3	42	Anna SHUMILO	30.04.04	KAZ	2:24.64



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Men

Final

60mH

Time: 19:10

AR - 7.41  
CR - 7.60

Rank	Lane	BIB	Name	DoB	MF	Results
1	4	16	David YEFREMOV	15.01.99	KAZ	7.65
2	7	110	Chen KUEI-RU	22.09.93	TPE	7.68
3	6	169	Shuhei ISHIKAWA	29.05.95	JPN	7.70
4	5	206	Yaqoub ALYOUHA	31.01.93	KUW	7.70
5	2	190	Kim GYEONGTAE	20.03.97	KOR	7.73
6	3	117	Wang Fung CHEUNG	21.01.97	HKG	7.84
7	8	256	Ang CHEN XIANG	03.07.94	SGP	7.94
8	1	116	Hei Addis WONG LOK	09.06.01	HKG	7.96



## 10th ASIAN INDOOR ATHLETICS CHAMPIONSHIPS

12.02.2023

Astana

Women

Final

60mH

Time: 19:20

AR - 7.82  
CR - 8.02

Rank	Lane	BIB	Name	DoB	MF	Results
1	1	182	Masumi AOKI	16.04.94	JPN	8.01 CR
2	4	127	Jyothi YARRAJI	28.08.99	IND	8.13
3	2	288	Chen JIAMIN	01.05.96	CHN	8.15
4	5	183	Chisato KIYOYAMA	24.07.91	JPN	8.20
5	3	153	Dina AULIA	03.08.03	INA	8.24
6	7	50	Yuliya BASHMANOVA	04.03.95	KAZ	8.25
7	8	289	Dai YIRU	15.01.01	CHN	8.27
8	6	121	Cho Yan SHING	12.05.01	HKG	8.38