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| **August 29 (Thursday) – РЦОП по легкой атлетике** | | | |
| 19:00 | 10 000м | 19:45 | 10 000м |
| **August 30 (Friday)** | | | |
|  | **Men** |  | **Women** |
| 15:00 | *400м Heats* | 15:10 | Long Jump |
| 15:05 | ***Hammer Throw Q*** | 15:15 | *400м Heats* |
| 15:10 | High Jump | 16:00 | *400м Hurdles Heats* |
| 15:30 | 100м Decathlon | 16:20 | 100м Hurdles Heptathlon |
| 15:45 | *400м Hurdles Heats* |  |  |
| ***16:30 – Open Ceremony*** | | | |
| 16:45 | *100м Heats* | 16:35 | *100м Heats* |
| 16:15 | Long Jump Decathlon | 17:00 | High Jump Heptathlon |
| 17:00 | 1500м | 17:00 | Discus Throw |
| 17:10 | Shot Put Decathlon | 17:20 | 1500м |
| 17:45 | Triple Jump | 17:35 | *100м Hurdles Heats* |
| 17:50 | *110м Heats* | 18:10 | Hummer Throw |
|  |  | 18:15 | Pole Vault |
| ***18:20 – Award Ceremony*** | | | |
| 18:45 | 100м Final | 18:27 | Shot Put Heptathlon |
| 18:55 | 3000м SC | 18:35 | 100м Final |
| 19:00 | High Jump Decathlon | 19:20 | 3000м SC |
| 19:35 | Discus Throw |  |  |
| 19:40 | Pole Vault |  |  |
| ***19:55 – Award Ceremony*** | | | |
| 20:15 | 110м Hurdles Final | 20:05 | 200м Heptathlon |
| 20:45 | 400м Final | 20:25 | 100м Hurdles |
| 20:47 | Javelin Throw | 20:35 | 400м Final |
| 20:50 | 400м Decathlon | 21:00 | 4х100м |
| 21:15 | 4х100м |  |  |
| ***21:25 – Award Ceremony*** | | | |
| **August 31 (Sunday)** | | | |
| **Men** | | **Women** | |
| 11:30 | 110м Hurdles Decathlon | 11:45 | Long Jump Heptathlon |
| 12:20 | Discus Throw Decathlon | 13:35 | Javelin Throw Heptathlon |
| 13:30 | Pole Vault Decathlon | 15:00 | 800м Heptathlon |
| 14:00 | Shot Put | 14:45 | 800м |
| 14:20 | 800м |  |  |
| ***15:00 – Award Ceremony*** | | | |
| 15:10 | 200м Heats | 15:15 | Shot Put |
| 15:30 | Javelin Throw Decathlon | 15:25 | 200м Heats |
| 15:40 | 400м Hurdles Final | 15:30 | Javelin Throw |
|  |  | 15:35 | Triple Jump |
|  |  | 15:55 | 400м Hurdles Final |
| ***16:00 – Award Ceremony*** | | | |
| 16:10 | 5000м | 16:30 | 5000м |
| 16:55 | Long Jump | 16:35 | Javelin Throw |
| 17:05 | 200м Final | 16:55 | 200м Final |
| 17:15 | 1500м Decathlon |  |  |
| ***17:20 – Award Ceremony*** | | | |
| 17:30 | Hammer Throw | 17:40 | 4х400м |
| 17:55 | 4х400м |  |  |
| ***18:30 – Close Ceremony*** | | | |