



**XXXIII QOSANOV MEMORIAL**  
**June 22–23, 2024**

**TIMETABLE**

<b>DAY 1–Saturday, June 22, morning session</b>			
10:00	400m Hurdles	Men	Heats
10:20	400m	Women	Heats
10:34	400m	Men	Heats
10:55	100m	Women	Heats
11:16	100m	Men	Heats
<b>DAY 1–Saturday, June 22, evening session</b>			
17:00	Hammer Throw	Women	Final
18:00	<b>OPENING CEREMONY</b>		
18:20	100m	Girls	Final
18:22	Pole Vault	Men	Final
18:24	Long Jump	Women	Final
18:26	100m	Boys	Final
18:28	Discus Throw	Women	Final
18:30	Shot Put	Men	Final
18:32	100m	Women	Final
18:38	100m	Men	Final
18:45	1500m	Men	Final
18:53	Relay 4 x 100m mix	Kids mix	Final
19:00	3000m SC	Women	Final
19:12	High Jump	Men	Final
19:15	400m	Women	Final
19:20	Shot Put	Women	Final
19:22	400m	Men	Final
<b>19:25</b>	<b>100m kids W/M., 4 x 100m Kids mix, 100 W/M., 1500m M., 3000m SC W., HT W.</b>		<b>MC</b>
19:40	Long Jump	Men	Final
19:42	400m Hurdles	Women	Final
19:45	Discus Throw	Men	Final
19:49	400m Hurdles	Men	Final
<b>19:55</b>	<b>SP M., DT W., LJ W.</b>		<b>MC</b>
20:05	4x100m Relay	Women	Final
20:12	4x100m Relay	Men	Final
<b>20:30</b>	<b>400m H W/M., PV M., HJ M., SP W., Relay 4x100m W/M, 400m W/M.</b>		<b>MC</b>
<b>21:20</b>	<b>LJ M., DT M.</b>		<b>MC</b>



<b>DAY 2–Sunday, June 23</b>			
<b>morning session</b>			
10:00	200m	Women	Heats
10:14	200m	Men	Heats
<b>DAY 2 – Sunday, June 23</b>			
<b>Evening session</b>			
17:00	Hammer Throw	Men	Final
18:00	Triple Jump	Men	Final
18:03	High Jump	Women	Final
18:05	100m Hurdles	Women	Final
18:07	Javelin Throw	Women	Final
18:10	Pole Vault	Women	Final
18:14	110m Hurdles	Men	Final
18:25	200m	Women	Final
18:32	200m	Men	Final
18:39	5000m	Women	Final
<b>19:00</b>	<b>100m H W., 110m H M., HT M.</b>		<b>MC</b>
19:05	5000m	Men	Final
19:20	Triple Jump	Women	Final
19:22	Javelin Throw	Men	Final
<b>19:36</b>	<b>200m W/M., HJ W., TJ M.</b>		<b>MC</b>
19:42	800m	Women	Final
19:50	800m	Men	Final B
19:58	800m	Men	Final A
20:10	Relay 4 x 400m mix	Mix	
<b>20:30</b>	<b>5000mW/M., 800mW/M., TJ W., JT W/M., PV W., Mix Relay.</b>		<b>MC</b>